



EAST HOWARD

JAGUARS

**FOOTBALL
& CHEER**

AGES 5-14



This competitive, youth tackle football program fill quickly. Register early to ensure your child gets on a team.

The cheerleading program teaches cheering techniques with an emphasis on safety. This program prepares children for high school cheer.

These teams play and compete in the Mid-Maryland Youth Football and Cheer League. Info: www.midmarylandfootball.org.



Howard County
RECREATION & PARKS



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HoCoParks
APP

410-313-7275 | www.howardcountymd.gov/rap | 7120 Oakland Mills Road, Columbia, MD 21046

This information is neither sponsored nor endorsed by HCPSS or the school.

EAST HOWARD JAGUARS FOOTBALL

EQUIPMENT

Requires a deposit check that is due at equipment handout (\$250 to Director of Finance).

Each player is issued:

- Helmet with face mask
- Shoulder pads
- Game jersey and pants

Each player must provide:

- Athletic cup
- Cleats (non metal)
- Practice pants with pads inserted
- Colored mouth guard
- 4-point chin strap
- 6-pocket girdle
- Practice jersey

TEAM PLACEMENT

Players are placed on teams based on age, weight and experience. New players should register on the lowest team matching their age and weight. Example: a 10-year-old that was born before August 1 should register in the 10 U age group.

FOOTBALL PRACTICES & GAMES

All participants must have a signed medical release form and a photo ID from the MVA on the first day of practice.

Practice begins early August and is held 5 nights per week before the start of school and 6 hours or 3 days per week thereafter for the duration of the season. Games are played Friday evenings or Saturdays and may require travel. Practices are held at Hollifield Station Elementary and Rockburn Park. Home games are played at Rockburn Park. The season runs through mid-November except for those teams that qualify for the MMYFCL Playoffs.

FEE: Tackle Football, \$185; Flag Football (5-6 yrs), \$150

EAST HOWARD JAGUARS CHEER

ATTIRE

Each player is issued:

- Squad-issued skirt
- Squad-issued vest top

Each player must provide:

- Bloomers
- Body suit/midriff
- Sneakers, socks, and hair ribbons

Parents may choose to purchase practice wear and an equipment bag.

CHEER PRACTICES & GAMES

All participants must have a signed medical release form and a photo ID from the MVA on the first day of practice. Practices are held at Elkridge Landing Middle, Thomas Viaduct Middle, or Hanover Hills Elementary.

Practice begins in early August from 6-8pm, five (5) nights a week, until school begins and 6 hours or 3 days per week thereafter for the duration of the season.

The season runs through football playoff season. Based on numbers, cheerleaders may be moved to different squads after registration.

FEE: Cheer, \$150

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read info at www.howardcountymd.gov/concussion and www.howardcountymd.gov/suddencardiaccrrest. Review of this information is required by law before you are allowed to register for youth sports programs.

VOLUNTEERS NEEDED

Volunteers are needed for coaching, assistant coaching, team administration, and committees. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

REFUND POLICY A \$29 administrative fee is deducted from refund requests made prior to July 1. A 50% administrative fee is deducted from refund requests made July 1 through August 15. No refunds after August 15.

FINANCIAL ASSISTANCE This is available for Howard County residents who qualify. Info: 410-313-7275.