



" Life's most persistent and urgent question is, 'What are you doing for others?' "

– MARTIN LUTHER KING JR.

Our sixth annual Day of Service will be hosted at Glen Mar Church partnering with Ames Memorial UMC, St John Baptist Church, and Terps Against Hunger. Join us for family-friendly short-term service activities for ages 5 to 105 that will make a positive difference in our community. There will be about 18 different on-site and a couple off-site activities. The activities help with food security, community development, public health, and support the morale of service members. The Day of Service offers individuals, families, and friends, the opportunity to serve together. We hope to attract over 1,400 people (last year's attendance was 1,345) and package over 100,000 meals. We will also hold a blood drive with the American Red Cross. So, come for an hour or come for the day!

MONDAY, JANUARY 20, 2020 (MLK JR. DAY) FROM 8:30 AM TO 4:30 PM

COST:	The event is FREE and open to the public but donations allow us to expand the event.
WHAT:	Family friendly short-term service activities for ages 5 to 105 years old. We will offer free childcare from 9:00 AM to 12:00 PM for 1 to 4 year olds.
WHERE:	Glen Mar Church, 4701 New Cut Road, Ellicott City, MD 21043
SERVICE HOURS:	Authorization forms for your service hours are available at the sign-in table
ON-SITE LUNCH:	Bowl of chili with or without meat, grilled cheese sandwich, and a bottle of water
VISIT US:	www.glenmarumc.org/gmcevents/dayofservice/

Have questions? Email us at dayofservice@glenmarumc.org or call 410-465-4995 *Partnership opportunities are available

PLANNED ACTIVITIES FOR 5 YEARS OLD AND UP:

- Packaging meals for the hungry
- Decorating cookies for inner-city school teachers and childcare workers
- Writing letters and drawing pictures for service members, college students, and others
- Making no-sew fleece blankets for students and elderly

PLANNED ACTIVITIES FOR 8 YEARS OLD AND UP:

- Sewing pillowcases for people during a hospital stay
- Making jump ropes out of clean old t-shirts for school children
- Making fishing kits and pony bead kits for children
- Assembling health care kits for children
- Knitting items for those recovering from an illness
- Making tic-tac-toe kits and flannel teddy bears for school children

PLANNED ACTIVITIES FOR ANY AGE:

- On-site food collection for the Sandtown community in Baltimore: non-perishable food items
- On-site collection of gently used clothing for those in need
- On-site collection of gently used shoes of any size for those in need of footwear
- Health screening for 16 years old and up (BMI and blood pressure screening, pre-diabetes risk assessment)
- Blood drive with the American Red Cross for 16 years old and up

PLANNED OFF-SITE ACTIVITIES FOR 8[™] GRADERS AND UP:

- Several all-day off-site activities (meet at church at 8:30 am, bring a bag lunch and two water bottles
- * The information is neither sponsored nor endorsed by HCPSS or the school.