



**Mt. Hebron Cheer
Presents**

Vikings Spirit Day

\$45

**Oct. 18th
9-2pm**

**Mt. Hebron
High School
Ellicott City, MD**

Come the join the Varsity Cheerleaders on your day off of School. Ages K-8th grade. Groups will be split according to number in age group registered. Attendees will learn: cheer, dance, stunting, jumps, and technique. This is great for any age group! The Varsity will also perform their competition routine at the end of the day.

All Attendees will have the opportunity to cheer with the girls during the Homecoming day on Saturday October 19th at 1pm.

Spirit Day Schedule will be sent a week prior.

Bring Lunch and water. All girls will receive a custom bow!

**Contact is Varsity Coach: Heather Haesle
[Heather Haesle@hcpss.org](mailto:Heather.Haesle@hcpss.org)
Register by Oct 4.**